



## *Spiritual Direction Interest Information Form*

Mepkin is developing a referral network of Spiritual Directors. If you are interested in strengthening your spiritual life in this way and the possibility of a referral, please fill out the form below

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone (s) \_\_\_\_\_

Email \_\_\_\_\_

Preferred Contact: Phone call \_\_\_\_ Text \_\_\_\_ Email \_\_\_\_ Regular Mail \_\_\_\_

Would you consider virtual sessions via Zoom or some other similar technology?

\_\_\_\_\_

Present religious affiliation, if any. \_\_\_\_\_

Have you received spiritual direction in the past? Please describe your experience. Continue on back if necessary. \_\_\_\_\_

\_\_\_\_\_

**What is Spiritual Direction?** "We define Christian spiritual direction as help given by one Christian to another which enables that person to pay attention to God's personal communication to him or her, to respond to this personally communicating God, to grow in intimacy with this God, and to live out the consequences of the relationship."

*William A. Barry, SJ and William J. Connolly, SJ, Center for Religious Development, Cambridge, Massachusetts, USA*

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Please note: Payment is normative in recognition of the time and specialized training required of spiritual directors. Sliding scale is possible. Please discuss this with your director.

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