I pray that you, being rooted and established in love, may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. — Ephesians 3:17-19

In the first century Jesus of Nazareth inspired a movement. A community of people whose lives were centered on Jesus Christ and committed to living the way of God’s unconditional, unselfish, sacrificial, and redemptive love. Before they were called “church” or “Christian,” this Jesus Movement was simply called “the way.” Today I believe our vocation is to live as the Episcopal branch of the Jesus Movement. But how can we together grow more deeply with Jesus Christ at the center of our lives, so we can bear witness to his way of love in and for the world? The deep roots of our Christian tradition may offer just such a path. For centuries, monastic communities have shaped their lives around rhythms and disciplines for following Jesus together. Such a pattern is known as a “Rule of Life.” The framework you now hold: The Way of Love: Practices for Jesus-Centered Life — outlines a Rule for the Episcopal branch of the Jesus Movement.

It is designed to be spare and spacious, so that individuals, ministry groups, congregations, and networks can flesh it out in unique ways and build a church-wide treasure trove of stories and resources. There is no specific order you need to follow. If you already keep a Rule or spiritual disciplines, you might reflect and discover how that path intersects with this one. By entering into reflection, discernment and commitment around the practices of Turn – Learn – Pray – Worship – Bless – Go – Rest, I pray we will grow as communities following the loving, liberating, life-giving way of Jesus. His way has the power to change each of our lives and to change this world.

Your brother in the Way of Jesus,

The Most Reverend Michael B. Curry,
Primate and Presiding Bishop of the Episcopal Church

An Invitation from Presiding Bishop Michael B. Curry to Practice the Way of Love

WHAT DO YOU SEEK?
Early in his ministry, Jesus of Nazareth was surrounded by crowds. He turned and asked, “What do you seek?” (John 1:38). For more than a thousand years, monastics have greeted pilgrims knocking on their doors by asking: “What do you seek?” Today, each of us can pause with the same question. As much as the world has changed, the fundamental human hopes and yearnings that draw us to faith may not be so different. For so many ...

WE SEEK LOVE
To know God’s love, to love and be loved by others, and to love ourselves

WE SEEK FREEDOM
From the many forces — sin, fear, oppression, and division that pull us from living as God created us to be: dignified, whole, and free.

WE SEEK ABUNDANT LIFE
Overflowing with joy, peace, generosity, and delight. Where there is enough for all because we all share with abandon.
A life of meaning, given back to God and lived for others.

WE SEEK JESUS
The way of Jesus is the Way of Love, and that way has the power to change lives and change the world.

THEN COME AND FOLLOW...
As the Episcopal branch of the Jesus Movement, we follow the Way of Jesus. His way is the Way of Love, and that love has the power to change lives and change the world.

Do you seek a life centered on Jesus? Do you seek to explore and live his Way of Love? How will you or your church, ministry, or network commit to following the Way of Jesus? How could you join or gather a community for practicing Jesus-centered life?

Get inspired online by viewing the comprehensive set of resources gathered from across the church. Develop your own resources, campaigns, and pathways for living The Way of Love — as individuals, ministry groups, congregations, dioceses, and networks. Take part in the church-wide movement. Share your stories and resources.